

BEST PRACTICES 2024-25

1. Title of the Practice -I

FACULTY RESEARCH INTERNSHIP

2. Objectives of the Practice

To provide students a chance to pursue faculty-mentored research projects as a meaningful alternative to conventional industry-based internships.

3. The Context

Faculty must thoughtfully structure students' involvement in research projects to optimize learning within the limited timeframe and validate their contribution.

4. The Practice

This platform cultivates in-depth knowledge of academic fields and introduces students to research and academia, empowering informed choices between industry and scholarly pursuits. It sharpens analytical and critical thinking, builds academic writing proficiency, and equips students for higher studies and academic career paths.

5. Evidence of Success

Ten students pursued research internships under three teachers in 2024-25. One book chapter has been accepted for publication and 3 research articles are communicated to various scopus indexed journals. The positive outcomes reflect the students' dedicated efforts, the faculty's thoughtful mentorship, and the meaningful learning experiences gained throughout the process.

6. Problems Encountered and Resources Required

Research internships face constraints like limited faculty time, short durations, and student readiness. Their success depends on structured planning, mentorship, resources, and preparatory training to ensure meaningful academic engagement.

1. Title of the Practice II

ON-CAMPUS COUNSELLING SERVICE FOR STUDENTS

2. Objectives of the Practice

To provide mental health support, address personal and social challenges, and foster awareness while actively working to reduce related stigma.

3. The Context

Acknowledging the growing demand for mental health support among youth, a clinical psychologist has been appointed to guide students in building effective coping strategies for navigating college challenges.

4. The Practice

Having a psychologist on campus creates a caring and supportive atmosphere that promotes students' overall growth and well-being. It enables timely intervention for challenges like stress, anxiety, and depression. Moreover, by strengthening mental health—which directly influences focus, self-assurance, and cognitive ability—it contributes to enhanced academic performance.

5. Evidence of Success

The feedback report consolidates student responses on the **skill, responsiveness, and communication effectiveness** of the counsellor. Overall, the data reflects a **positive**

experience, with most students expressing satisfaction and appreciation for the counsellor's supportive approach.

6. Problems Encountered and Resources Required

A recurring issue has been students not showing up after booking appointments with the psychologist. These no-shows may stem from hesitation, stigma, last-minute anxiety, scheduling conflicts, or simply forgetting. This not only disrupts the psychologist's schedule but also delays support for those who genuinely need it.