

Some Good Practices Being Followed at SSCBS

1. Faculty Research Internship

Objective: To offer students an opportunity to engage in research projects under the mentorship of faculty as an alternative to traditional industry internships.

Context: Students' role in research projects has to be well-planned by the concerned faculty to ensure maximum learning in the limited time available and justify their participation.

The Practice: This is a platform to foster a deep understanding of academic disciplines and an exposure to the world of research and academia, allowing students to choose between industry and academia. This practice enhances analytical and critical thinking skills and offers experience in academic writing, preparing students well for both advanced studies and academic careers.

Evidence of Success: Nine students pursued research internships under three teachers in 2023-24, resulting in 9 publications. The fruitful results are indicative of hard-work demonstrated by the students, insightful guidance extended by the faculty and valuable learnings that happened.

Problems Encountered and Resources Required: Students may not have PCs/laptops, so cannot have this opportunity during summer vacation. Students' laptops may not offer sufficient computing capabilities, so even those having laptops may depend on college resources.

2. On-campus counselling services for students

Objective: To offer mental health support, guidance for personal and social issues, and promote mental health awareness and eliminate the associated stigma.

The Context: Recognizing the increasing need for mental health support among youngsters, we have appointed a clinical psychologist in order to help students develop healthy coping mechanisms to handle complexities of college life.

The Practice: Presence of a psychologist offers a supportive and nurturing environment, assisting in the holistic development and well-being of students. It helps students timely address issues like stress, anxiety and depression. Additionally, such can lead to improved academic performance as mental health is closely related to concentration, confidence and cognitive performance.

Evidence of Success: Forty-one students availed counselling services between July 2023 to June 2024. Moreover, most of them availed more sessions after having the first one. Also, their feedback about the services was very encouraging.

Problems Encountered and Resources Required: We faced the problem of students not showing up after taking an appointment due to various reasons. Also, some students suggested that appointment booking needs to be streamlined.