

**SESSION ON MALNUTRITION**  
**AT K R Mangalam School, Gurugram**

**Mode:** Offline

**Date:** July 15

**No. Of Participants-** 100

We organized an impactful awareness session for students on the critical issue of malnutrition. This initiative, in collaboration with Zomato's Feeding India Campaign, aimed to educate and sensitize young minds about the importance of balanced nutrition. The session featured various interactive games and engaging educational discussions, focusing on essential nutrients such as fats, carbohydrates, proteins, vitamins, and minerals. Through these activities, students learned about the role of each nutrient in maintaining a healthy body and mind, while also understanding the consequences of malnutrition.

The event saw enthusiastic participation from students, who actively engaged in the games and discussions. These activities not only made the learning process enjoyable but also helped reinforce the importance of making informed dietary choices. The collaboration with Zomato's Feeding India Campaign added significant value to the session, providing students with real-world insights into the efforts being made to combat malnutrition on a larger scale. Overall, the awareness session at K R Mangalam School successfully fostered a deeper understanding of nutrition among students, empowering them to make healthier choices for their future.

