



National Service Scheme (NSS) SSCBS

What we do ?

We are the NSS unit of SSCBS, a student-run fraternity that aims to foster the feelings of social service among the students and provides them with a platform where they can make a difference to the society. We have been working rigorously on a plethora of humane activities like literacy drives, community healthcare, and women empowerment. We stay true to our motto 'Not Me But You'. The aim of the organization is to produce socially responsible managers and work for the all-round development of the nation.

KEY EVENTS

1. Slum Visits

In the first visit, NSS volunteers interacted with the residents and tried to create awareness about basic activities like cleanliness and hygiene which largely impact their quality of life.

The second visit involved practical execution of the same by organising a cleanliness drive in the area. This helped motivate the people and they also joined hands with our volunteers.

2. Swachhta Pakhwada (1st August- 15th August 2020)

- **Seminar on cleanliness**

Date: 1st August 2019

Details: A seminar was conducted in the college, which witnessed an audience of 80 people. The seminar aimed to spread awareness about the need for cleanliness, and how we as students can contribute to it. The program ended with the Swachhta Oath.

- **Cleanliness drive**

Date: 2nd and 5th August 2019

Details: The NSS Unit organised a cleanliness drive in the college campus, with the main focus on cleaning up the plastics and non-biodegradable wastes. The faculty members also stepped in for the same.

- **Plantation Drive**

Date: 5th August 2019

Details: The plantation drive held in the college involved planting many new seeds and saplings in the green campus, and also watering of the existing plants. The principal, faculty members, gardeners and volunteers, all used their green thumbs to make the drive successful.

- **Slum Visits**

Date: 6th and 9th August 2019

Details: In the first visit, NSS volunteers interacted with the residents and tried to create awareness about basic activities like cleanliness and hygiene which largely impact their quality of life. The second visit involved practical execution of the same by organising a cleanliness drive in the area. This helped motivate the people and they also joined hands with our volunteers.

- **NGO visit**

Date: 13th August

Details: A similar step was taken in the Subhakshika NGO, where our volunteers held a cleanliness campaign and also organised a drive at the site. The efforts of our volunteers bore fruit as the members of the NGO became more aware and realised the importance of a clean and healthy surrounding.

3. Fit India Movement (29 August 2019)

- **Speech by PMO**

Hon'ble Prime Minister Narendra Modi launched the Fit India Movement at Indira Gandhi Stadium Complex, New Delhi on the occasion of National Sports Day on 29 August 2019 at 7:00 am. NSS volunteers from our college attended the event with great enthusiasm.

- **Walkathon**

Walkathon was conducted on launch of Fit India Movement in our college campus wherein NSS Volunteers took the fitness Pledge to include physical activity and sports in their lives and spread a word about this in their community.

4. Swachhta Pakhwada (1st September- 15th September 2019)

With a focus on water conservation and minimizing usage of plastic, a Jal Shakti Team was formed to work on these agendas. The team was founded by the President and led by the Treasurer of the NSS unit. The following activities were organised:

- **Poster drive**

A poster drive activity was undertaken under the Jal Shakti Program in order to create awareness among the youth by showcasing different problems and solutions related to water conservation in an eye-catching and interactive manner.

- **Water Conservation Methods and Water Harvesting Systems**

NSS volunteers of SSCBS conducted various research surveys regarding water conservation techniques and harvesting systems, along with their challenges and benefits. The need and importance of conserving water was also discussed.

- **Visits to study the availability, usage and wastage of water and the level of cleanliness maintained in slums.**

NSS members conducted 2 slum visits and studied the general conditions and the level of hygiene and sanitation maintained. They also did a check on the availability, quality, usage and wastage levels of water in the area. Personal interaction with the residents helped the students witness their lives closely and gave them an insight on their conditions.

- **Feasibility Plan for Water Savers in College Washrooms**

A survey had been conducted regarding the number of taps in college, number of leakages or faults. They realised that immediate steps must be taken to avoid the wastage of water in washrooms and create awareness among students. The students worked on the budget of installation of water savers in the college and the proposal is under process.

- **Group Discussion for Judicious Use of Water**

A group discussion on the issue of wastage of fresh water and the need and methods of judicious water usage took place.

- **Cleanliness Drive**

A cleanliness drive with a major focus of making the campus plastic-free was organised.

5. iSafe Event Launch and Panel Discussion at IIT Delhi (15th September)

The iSafe Event Launch and Panel Discussion at IIT Delhi witnessed the enriching viewpoint of various personalities from different backgrounds and ministries. It focussed on the looming issue of road accidents in India and how the youth can come up with innovative ideas to aid the government in making Indian roads safer. NSS volunteers participated in the panel discussion and identified themselves with the iSafe challenge as well.

6. Celebration of NSS Day (24th September, 2019)

- **Rally on plastic waste management**

NSS volunteers went on a 'Pad Yatra' in which they collected all the plastic waste from the college campus, replaced it with disposable items and recycled the rest.

They took up the initiative of making a plastic-free college campus. They also created awareness on reducing the use of single-use plastics using several posters and banners, while chanting slogans about minimising plastic waste.

- **Capture the change**

To mark the occasion of 50th NSS day, the NSS unit of SSCBS organised a competition named 'Capture The Change' in which the participants had to help someone in the smallest way possible and capture the moment.

Not only students from SSCBS, undergraduate students from other colleges across Delhi University also participated in the same. The motto of the competition was to 'Make a Change'. All the participants' efforts were appreciated as they helped in making this world a better place.

- **Awareness Drive on Non Violence**

All the NSS volunteers including staff and students, rallied around their college campus and together spread awareness about how our great leader, Mahatma Gandhi, used non-violence to achieve his goals.

The NSS volunteers made it to a great success as seen by the mark left by them in everyone's heart.

7. Ambassador Program (25th September 2019)

The German Ambassador of the Federal Republic of Germany H.E. Walter J. Linder delivered a lecture at Convention Hall, Viceregal Lodge, University of Delhi. Fifteen NSS Volunteers from NSS SSCBS attended this public lecture.

8. Arun Jaitley Memorial Lecture (28th October 2019)

NSS volunteers participated in organising the first ever Arun Jaitley Memorial Lecture on "Strengthening of Parliamentary Institutions in the country" which was delivered at Delhi University with Hon. Vice President Mr. Venkaiah Naidu as the speaker, the lecture enumerated the pitfalls that are adversely impacting the legislative institutions and suggested remedial measures.

9. Vigilance Awareness Week (28th October 2019 to 2nd November 2019)

It was organized with the aim of spreading awareness about upholding the standards of ethical conduct, honesty and integrity. The entire staff and students took pledge to sustain their integrity and work meticulously for the eradication of corruption in our country.

10. Constitution Day and Fundamental duties Campaign

The students and faculty members of the college participated in reading of the Preamble in large numbers on 14 January with the spirit of upholding Constitutional values and understanding their fundamental duties. A quiz competition was conducted in the college on the topic 'Constitutional Values'. Teams manifested their knowledge by enthusiastically participating in the quiz. Everyone took part with great enthusiasm in the competition. The participants were given different sections and articles of the Constitution and they had to express their opinions on the topic for 3 minutes each. Judgement was made based on the originality of ideas and fluency of speech. The essay writing competition aimed at testing the participants' knowledge and sensitivity towards the 10 key words of the Preamble of the Indian Constitution. It helped students express their views and thoughts and developed an understanding and appreciation for the same.

11. Project Kilkari

A host of sports activities, learning sessions, fun games, art competitions, dancing and singing sessions are organized by the team members. On 11th Jan'2020, members of our society went to 'Masum Zindagi NGO' to get a glimpse into the lives of the children. Taking another step forward in Project Kilkari, members of NSS SSCBS visited CEC Public School on 18th January'2020, which was started by 'Sahyog Human Foundation NGO' for underprivileged children. As a part of the visit, we interacted with the children. Drawing, singing and dancing sessions were conducted in which the children participated with great enthusiasm. The visit ended with an interactive session on cleanliness followed by the Swachhta pledge.

12. Swachhta Pakhwada (16th January-31st January 2020)

- **Swachhta Pledge taking ceremony**

The students and faculty members of our college took the Swachhta Pledge on 16 January, 2020 holding up the spirit of cleanliness. The pledge was taken by over 800 students and 30 faculty members.

- **Plantation drive**

A plantation drive was organised in the college campus in association with World Health Organisation and Indian Road Safety Campaign Solve. Volunteers showed their solidarity to create a greener campus by turning out in large numbers to participate in the drive.

- **Slogan writing competition**

A slogan writing competition was organised on the theme- Green India. There were more than 50 participants who expressed their views on the topic in beautiful and meaningful words

Awareness Campaign: Say no to single use plastic

An awareness campaign was organised in the college premises on the theme, say no to single use plastic. Posters were made and old used plastic waste was collected.

13. DoPT Marathon (29th February- 1st March 2020)

Organised by National Youth Hostel Trust in association with DoPT, Govt. of India at Jawaharlal Nehru Stadium. Hosted at the Jawaharlal Nehru Stadium, NSS volunteers from our college were involved in the organising committee of the marathon which lasted for 2 days and received a huge participation.

14. 'Ek Bharat Shreshtha Bharat' programme

On 6th February'2020, 'Ek Bharat Shrestha Bharat' programme was organized in a befitting manner by the NSS unit of SSCBS in the college premises on the theme: North Eastern States of India, with primary focus on Sikkim. The programme celebrated the mutual interaction and reciprocity between the people of Delhi and its partner state Sikkim. The event started with an

introductory documentary on the cultural diversity and exemplar heritage of the sister states, followed by a quiz competition on the same topic amongst the attendees.

15. Donation Drives

During the year 2019-20, NSS Unit organised several successful donation drives for the flood affected victims of Assam and a book donation drive for the underprivileged children in need of quality reading material. Under the Book donation drive (11th – 18th February'2020) organized on the college campus, a kiosk was set up near the college canteen and Nescafe. A week-long book donation drive was organized under 'My First Book'.

Encouraging active reuse of waste paper, flex material, etc. within the college premises, our Ready to Reuse campaign set in action a mechanism for reusable material being otherwise wasted in the college premises.

16. Wishing Wall (18th February, 2020)

We took up the Wishing Wall initiative during the month of February where students and faculty members fulfilled simple wishes of slum and NGO students. This project witnessed an overwhelming response from the college students as well as the faculty members. All the wishes were fulfilled and the initiative gave us an opportunity to spread many smiles.

17. Health Check-up (18th February, 2020)

The team organised a health check-up camp in association with Max Healthcare which included an eye check-up, blood sugar level check and blood pressure verification, along with general consultation.

18. Blood Donation Camp (18th February, 2020)

Blood donated today, holds the power to save several lives tomorrow. Propagating this further, we set up a blood donation camp in association with The Rotary Blood Bank in the college premises. The camp witnessed maximum student and faculty participation, including the Head of our institution, who enthusiastically supported the cause. Unit collection of blood overshoot the target number and the camp was quite a success.

19. Project Kilkari

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20. Human Rights Session (29th February 2020)

NSS SSCBS in collaboration with NSS Motilal Nehru College organised a one day Human Rights Session on 29th February 2020 from 10 AM , inviting speakers to enlighten the importance of the awareness of Human Rights among the youth

21. International Women's Day 2020 (7th March 2020)

NSS volunteers participated with full vigor in an award function based on paper presentation on the topic Cyber Crime against women in Delhi, organised by Bhagidari Jan Sahyog Samiti with DALSA on 7th March 2020 at the New Delhi Municipal Council Convention Centre

21. Covid Series

Through our Covid awareness series, we i successful in spreading the right Information through our social media handles on the Following topics:

- Health Education for home Quarantine
- COVID Myths and Facts
- Discharge of COVID-19 Patient

- Health Education and Precautionary measures Related to COVID-19
- Module Making and cleaning of homemade Masks
- Aarogya Setu App- Downloading, Training, using And referencing

