CONVERGENCE 2019

Activity Report

THEME

The yearly leadership summit of Shaheed Sukhdev College of Business Studies, became a sans pareil event, due to the presence of profound learning about business, authority, inspiration and national & global issues. These useful tidbits are the most dominant instruments an individual can have which could lead a befuddled personality to the right path. This year, Convergence concocted an incredible topic: Manasa, Vacha, Karmana, a culmination of thoughts, words and actions, the three principle governing factors behind a successful life.

FACULTY IN CHARGES

Rohini Singh

Preeti Rajpal Singh

H.K. Porwal

Kishori Ravishankar

DATE & VENUE

Convergence 2019 was held on 25th of September in the college Auditorium, Akash Ganga

EMINENT GUESTS

Chief Guest and Keynote Speaker – Mr. Madan Lal (Former Indian Cricketer)

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DETAILS OF SESSIONS HELD

- a) No. of sessions 3
- b) List of Sessions -

Session 1: Battle of Wits (Manasa)

Our first speaker for this session was Mr. AkhandSwaroopPandit, Ex-IES Officer, TEDx Speaker, Ex-MADEEASY Faculty, the man who cleared all government exams and is the founder of the Catalyst Group. Such an influential personality, a man who started out with nothing but now has everything he's ever wanted, only because he discovered his ability to achieve what he wants. Mr. Pandit said that he had once been directionless, hopeless and without any money. It was then he'd decided that he wouldn't waste away his life. Mr. Pandit asked the students to follow three simple rules, "First have a goal fixed for yourself. Second, Work hard to achieve your target and avoid any distractions that might present an obstacle. Third, have faith in your abilities." He said that there would indeed be tears, pain, negativity but we need to push through because quitting is way too easy and fruitless.

Our next speaker for the session was Maxima Basu, an Indian fashion designer, actress and director. She was the assistant director of Oscar-winning film Slumdog Millionaire and has won awards like the Filmfare Award for Best Costume Design among many others. She highlighted the importance of a person being honest with oneself and being shameless about accepting it. Mrs. Basu also emphasized that having a clarity of thoughts is just as essential for success. She also added that confusion is good, rather, it is cardinal to having coherence of thoughts because only then do we start asking ourselves questions which are most important or intimate to us.

Harjas Singh, a life skills coach, and Akshara Damle, a renowned psychologist were also esteemed speakers at the event. While IQ is prime, Harjas and Mr. Damle explained to us how EQ, or emotional quotient is just as vital if not more to contributing the mental stability of a person. Mr. Damle told us that mental wellness can be attained through rest and resilience, equilibrium of emotion, behaviour and cognition, having a sense of gratitude, satisfaction and fulfillment, and last but not the least true perception. He also told us of his efforts to breaking the taboo of mental health in this country. Since humans are social creatures and it is impossible for them to remain isolated, Harjas on the other hand, focused on human relationships. He enlightened us on maintaining healthy relations, how to let go and the most important, how to deal with toxic relations. Clearly, it was quite an enriching session focusing on all the aspects of a person's mind and the thoughts that take root in it.

Session 2: Words Worth (Vacha)

For our next session we had Mr. Haragopal Mangipudi, an alumnus of IIM Bangalore and the CEO and Managing Director at FinUno and the content and creative directors of TVF: Mr. Akansh Gaur and Mr. Apoorv Karki.

Mr. Mangipudi elucidated the need for communication and talked about the challenges faced in business communication. He said that listening is the first and most important step to being a good communicator. Additionally, he shared a few tips on the subject such as how to connect in a cross-cultural context both intellectually and emotionally, the importance of being empathetic and authentic, keeping it simple, respecting the time and viewpoints of others, accepting feedbacks and developing the ability to anticipate and devising ways to tackle the challenges that could arise.

Mr. Akansh Gaur and Mr. ApoorvKarki apprised the audience on the significance of identifying our voice. When asked about the difference between startups in the entertainment industry and in other fields, they simply replied by saying, "There is no difference. In both the cases you do what you really want to do." Another question raised by the students was how they create such political or social dramas without siding by any one group or hurting the sentiments and principals of the other and remaining neutral. They said that the important thing is to maintain balance and that there's always a decent way to put across things.

The attendees, without a doubt, learned the gravity of fine prints in communication in any form.

Session 3: Action Reaction (Karmana)

Our speakers for the last session were Medha Patkar, an India Social Activist and the founding member of Narmada Bachao Andolan, Shreya Mehta and Aabir Vyas.

Medha Patkar was warmly welcomed by all the students, speakers and the college faculty members for the outstanding way in which she has dedicated her life to representing those who cannot express themselves. Ms. Patkar told everyone present in the auditorium how if equity and justice become a part of our framework, it would bring about transformational change in our lives. She explained what a real leader is, what are the qualities that make up a true leader. She emphasized on the fact that when we are ascending new heights, we need to take the community along with us. It is only then do we achieve true success, when we share it with others. Mr. Mangipudi added that while doing business, it is crucial to keep in mind that we need to be socially conscious too. Ms. Patkar also shared with us many of her success stories and asked us to join her in this mission to provide equity to the poor and weak.

Shreya Mehta, an Indian Model, Actress, Choreographer, Youtuber and Motivational Speaker, and Aabir Vyas, a YouTuber, influencer and Comedian discussed how important it is to follow your heart. Shreya said, " If your heart says yes but others say no, do it. Live your life the way you want to, not by what others want you to do." Both discussed the problems they faced in both personal and professional lives and how hard work, consistency and patience were the steeping stones to their path of success. The session ended with a little dancing, humor, merriment, and photos with the two youth icons.

Keynote speaker and chief guest Mr. Madan Lal, said that hard work, complete focus and dedication are the pillars of one's future and that if one wants to become something in their life, they need to stop worrying about what others will say and become fearless. Mr. Madan Lal said, "Life is all about performances." Miracles may or may not happen but we still need to work for our future goals. He also emphasized on the importance of daily exercise. At last, he said that when we pray we shouldn't just do it during difficult times but everyday. He also shared many of his experiences during his entire career.

c) Speakers for every session with designation and company name

1) Speakers for Session 1, Manasa:

- i. Mr. Akhand Swaroop Pandit, Ex IES Officer, TEDx Speaker, Ex MADEEASY Faculty, the man who cleared all government exams and the founder of the Catalyst Group
- ii. Ms. Maxima Basu, an Indian fashion designer, actress and director, who was also the assistant director of Oscar winning film, Slumdog Millionaire
- iii. Mr. Harjas Singh, an author, speaker, YouTuber and life skills coach, who aims to revolutionize the education system in India
- iv. Akshara Damle, the founder of Mano Samvaada and a psychologist and consultant based out of Bengaluru

2) Speakers for Session 2, Vacha:

- i. Haragopal Mangipudi, an alumnus of IIM Bangalore and the CEO and Managing Director at FinUno
- ii. Mr. Akansh Gaur, Creative director at TVF
- iii. Mr. Apoorv Karki, Creative director at TVF

3) Speakers for Session 3, Karmana:

- i. Ms. Medha Patkar, an India Social Activist and the founding member of Narmada Bachao Andolan
- ii. Ms. Shreya Mehta, an Indian Model, Actress, Choreographer, Youtuber and Motivational Speaker
- iii. Mr. Aabir Vyas, a YouTuber, influencer and Comedian

9) STUDENTS ORGANIZING COMMITTEE

| SNo. | Name of Student | Roll No. | Class | Position |
|------|------------------|----------|---------|----------------------|
| 1 | Amit Singh | 17123 | BMS 3FB | President |
| 2 | Yash Bharti | 17144 | BMS 3FB | Vice President |
| 3 | Akanksha | 17393 | BFIA 3B | Advisory Committee |
| 4 | Aakash Rohilla | 17384 | BFIA 3B | Advisory Committee |
| 5 | Parichay Kishore | 18101 | BMS2A | Core Committee |
| 6 | Rashmi Rungta | 18119 | BMS2D | Core Committee |
| 7 | Hrithik Sammi | 18336 | BFIA 2B | Core Committee |
| 8 | Charu Arora | 18036 | BMS2A | Core Committee |
| 9 | Akshat Seth | 18506 | BSC2 | Core Committee |
| 10 | Charul Chandwani | 18568 | BSC2 | Core Committee |
| 11 | Chanchal | 18035 | BMS 2B | Core Committee |
| 12 | Ananya Sharma | 18016 | BMS2A | Core Committee |
| 13 | Gandharv Kainth | 18329 | BFIA 2B | Core Committee |
| 14 | Saket Mishra | 17510 | BSC3 | Core Committee |
| 15 | Niti Tyagi | 19522 | BSC1 | Organizing Committee |
| 16 | Khushi Jain | 19099 | BMS 1B | Organizing Committee |
| 17 | Shefalika Ghosh | 19544 | BSC1 | Organizing Committee |
| 18 | Nancy Yadav | 19357 | BFIA 1B | Organizing Committee |
| 19 | Ashish Sethi | 19323 | BFIA 1A | Organizing Committee |
| 20 | Ankit | 19318 | BFIA 1A | Organizing Committee |
| 21 | Ambika Yadav | 19106 | BMS 1A | Organizing Committee |
| 22 | Varnit Jain | 19212 | BMS 1D | Organizing Committee |
| 23 | Manvinder Arora | 19352 | BFIA 1A | Organizing Committee |